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# FIRST RESPONDER SEMINAR

**DATE:** Saturday, November 1, 2025

**SPEAKER:** Travis Howze *Learn more: [TravisHowze.com](http://TravisHowze.com)*

**LOCATION:** Lifehouse Church *(719 Fox Rd, Van Wert, OH 45891)*

**TIME:** 9AM–12PM *(Light breakfast & snacks will be provided)*



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## BIO

Travis Howze, an international speaker, author, and wellness educator, spent 14 years in the military and emergency services as a U.S. Marine, Police Officer, and Firefighter.

After experiencing extreme Post Traumatic Stress from his experiences, including taking human life and being assigned to a body recover team, Travis developed "Post Traumatic Purpose," an empowering course and keynote presentation on Leadership, Mental Wellness, and Resiliency.



Post Traumatic Purpose offers a realistic view of the mental health epidemic among first responders and their families. Travis' transparent approach builds relatability, connecting with responders and their families, including spouses who attend to promote career and family longevity.

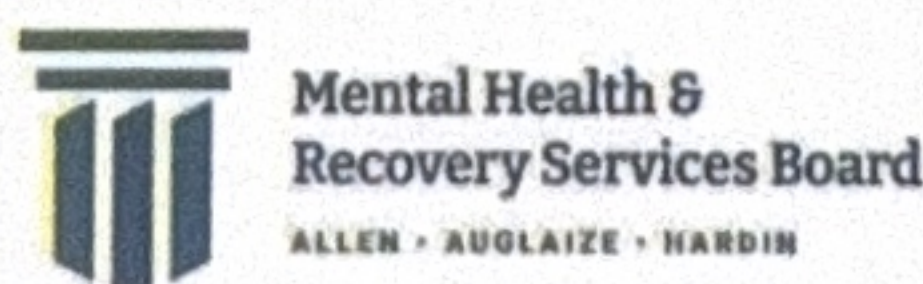
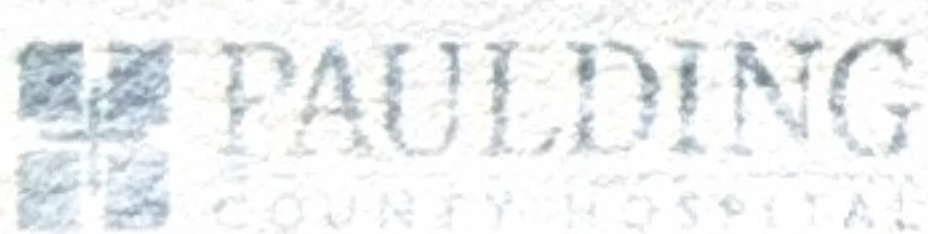
Travis' motivational message focuses on mental health, addressing signs and symptoms of trauma in individuals, families, and teams. He covers available resources, cultural barriers to seeking help, and provides a holistic approach.

For over a decade, Travis has spoken and taught to various departments nationwide and conferences, including law enforcement, firefighters, clinicians, the FBI, SWAT teams, private mental health organizations, and a top nationally ranked university student veterans' program.

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