

ACT Now!

Ask. Care. Take.

Consider

...calling him today.

...asking how she is doing after that call.

...grabbing a cup of coffee with him after your shift.

...encouraging him to get some help or support.



Photographer: John M. Buckman III

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PocketPeer.org | EveryoneGoesHome.com | National Suicide Prevention Lifeline
1-800-273-TALK (8255)